

Medications For Pregnant Women

Although it is best not to take any medications during your pregnancy, there may be times when medications are necessary for the relief of certain common conditions. The following is a list of "over-the-counter" medications that are considered relatively safe for use in pregnancy. TAKE ALL MEDICATIONS AS DIRECTED AND DO NOT EXCEED MAXIMUM DAILY DOSES. If the condition for which you are taking the medication does not improve within one or two days, call the office.

Colds/Flu/Sinus

Benadryl
Robitussin (Plain or DM)
Sudafed
Actifed
Chloraseptic
Dimetapp
Vick's VapoRub
Hall's or Vick's Cough Drops

Constipation

Citrucel
Milk of Magnesia
Metamucil
Colace
Surfak
Fibercon

Diarrhea

Kaopectate
Imodium AD

Fever

Tylenol (Regular or Extra Strength)

Headache

Tylenol (Regular or Extra Strength)

Hemorrhoids

Preparation H
Anusol HC
Tucks Pads
Baby Wipes

Indigestion

Tums/Roloids
Mylanta
Maalox
Zantac
Tagamet
Pepcid

Nausea